

**The Banyan** in collaboration with SMCDRIVE has initiated lay counseling course to help people in distress. Any individual who is in distress can come and seek help to resolve difficulties in his/her life with timely support. Lay counselling certificate course is a structured training programme to develop and to build capacities of interested individuals in-order to provide emotional support and counselling. The training programme stretches over a period of twenty four weeks with four hour theoretical and practical inputs every week which is being provided at a nominal cost to meet the incidental charges. The trained volunteers can either work in the community or come to a central location at Stella Maris College for providing counselling to distressed individuals.

## **Eligibility Criteria:**

- Any person male/female who has completed 10years of schooling.
- Communication skills in Local language
- Willingness to volunteer and work with distressed people in their own communities/in a centralized facility
- Willingness to commit 4 hrs/ week for 6 months during the training
- Willingness to volunteer time after training

## **Course Details**

Duration:	From- Mid July 2017,6 months, Weekly Twice.
Time:	5.00pm to 7.00pm

## Administrative & Resource Material will be Charged.

For Registration: Contact: Ms. Princy, Social Worker, **SMCDRIVE** Telephone number: 044 28116831 Mobile no: 8939125854 Address: ShanthiBhavan, Stella Maris College, Chennai- 600086

## **Registration Open**